



## Breakfast

Sandwiches, toasts, bagels  
and granola

# FLAT ROCK Village BAKERY

## Hours

Served until 11am on weekdays  
Noon on weekends

## Sandwiches

9 Grain, Sourdough, Bagel or Croissant (add \$1.00)

<b>Egg and Cheese</b>	6.00
two local eggs cooked over medium and cheese (havarti, swiss, provolone, cheddar)	
- Add S.E. Family Farms Bacon	2.50
- Add Hickory Nut Gap Sausage	2.50
- Add Black Forest Ham	2.50
- Add Avocado	2.50
- Add Arugula	1.00

## Toasts

2 slices of Sourdough or 9 Grain

### Savory

<b>Avocado Toast</b>	8.00
Avocado, lemon juice, EVOO, garlic, and sea salt	
- Add S.E. Family Farms Bacon (2)	2.50
- Add fried egg (2)	2.50
<b>Hummus Toast</b>	7.00
Hummus, EVOO, feta, pickled red onion, Za'Atar	

### Sweet and Simple

<b>Cinnamon Sugar Toast</b>	4.00
Cinnamon sugar, butter and sea salt	
<b>Jam Toast</b>	4.00
Butter, local raspberry jam, sea salt	
<b>Nut Butter Toast</b>	7.00
Organic peanut butter or almond butter, local honey, sea salt	

## Bagels

Handmade, organic, boiled and baked daily  
Choose from a daily selection: sesame, seeded, plain, sea salt, everything, pesto, cheese and garlic

<b>Bagel of your choice</b>	2.25
- Add butter	.50
- Add whipped cream cheese	2.00
- Add herbed cream cheese	2.00
- Add organic peanut butter	2.00
- Add local jam	1.50
- Add Lox	3.50

<b>Loaded Lox Bagel</b>	4.00
Lox, shaved red onion, capers, cream cheese and seasonal tomato	

## Granola

<b>House GF Granola</b>	6.50
Organic yogurt, local honey, seasonal fruit or organic banana	

Substitute any milk steamed or cold  
whole, almond, oat, coconut

## Salads

<b>Breakfast Salad - GF</b>	8.50
Two overeasy eggs over argula with your choice of avocado, Hickory Nut Gap sausage patty, or two slices of S.E. Family Farms bacon with a drizzle of EVOO and scoop of our quinoa salad.	



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